




Hello S&S School, Family & Community Partners!

Below you will find STAND & SERVE (S&S) 2010-2011 schedule with important dates, resources for Substance Abuse, Gun & Gang Violence Prevention Month and an overview of current S&S activities with 2010 highlights. STAND & SERVE is dedicated to **Primary Prevention**, stopping problems before they occur, with positive solutions. We believe in cultivating good to end bad and that it takes everyone. You are invited to attend club meetings at anytime, all events & the following activities. Stay tuned for more opportunities. Thank you!

2010-2011 STAND & SERVE Initiative Calendar

Week At-A-Glance	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Middle/Elm Schools</u> CMS Connolly – Map EXS* Excelencia - Map FMS Fees - Map GMS Gilliland – Map MMS McKemy – Map WTMS* William T. Machan Map PEN* Pendergast Map CFA Children First Academy	4:10 – 5:20 @ William T. Machan, Art Room WTMS & EXS Map		3:30-5PM Westside CC @ Riverside Room Map FMS MMS CMS GMS CFA w/ Peer Eds. PEN: Pendergast-11:45-12:45	SSCCI Meetings The last Thursday of the month at the Burton Barr Library in Phx. 3:30-5pm August 26, September 30, October 28 Dec. 2,	
* Located in Phoenix					
<u>High Schools</u> DVHS Desert Vista MDNHS Marcos de Niza MHS McClintock NHS* North THS Tempe	10:51 – 11:31 & 11:54 – 12:34 @NHS (Room TBA) Map	12:23 – 1:03 @THS Room A101 Map 3:30-5PM Westside CC @ Sunset Room Map MDN, THS, MHS, DVHS	12:03 – 12:37 @ MDNHS Room 242 Map 3:30-5PM Westside CC @ Riverside Room As Peer Eds. All Tempe Schools	STAND & SERVE Meetings are held weekly, except where noted.	
* Located in Phoenix					

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1. **October 10th – Tempe Tardeada** – Tempe Hispanic Cultural Celebration – Very fun.
2. **October 14th – Day at the Capitol-** Building a world we want to live in. (This is a world free from all forms of violence. This is a world where safety, equality and respect are norms. 11-2PM.
3. **December 11th - Annual School, Family & Community Pot Luck** – noon/ Location TBT

Peer Solutions will celebrate it's 15th year in 2011. Look for a party and feel free to contact us at 602-225-0942, info@peersolutions.org or Peersolutions.org for more information.

Turn the page over



Did you know September is Substance Abuse, Gun & Gang Violence Prevention Month?

STAND & SERVE supports The Surgeon General's Call To Action to stop alcohol abuse before it occurs. Alcohol abuse is a symptom of and underlying condition of harm to others/self. To prevent alcohol abuse is to prevent several other conditions.

GOAL 2, of 6, for The 2007 Surgeon General's Call To Action is to: *Engage parents, schools, communities, all levels of government, all social systems that interface with youth, and youth themselves, in a coordinated national effort to prevent and reduce drinking and its consequences.*

- ⌘ Addiction is a disease that starts in childhood & lasts a life time.
- ⌘ More teens drink than smoke or use drugs, & when they do drink, they drink a lot at one time. (An average of 5 drinks on a single occasion)
- ⌘ 46% of homeless youth have been physically abused, 17% have experienced unwanted sexual activity by a family/household member & 66% report having an alcoholic parent.
- ⌘ Alcohol plays a role in risky sexual activity and increases the risk of carrying out, or being victimized by physical or sexual assault. (In 1 in 3 sexual assaults, the person perpetrating was intoxicated — 96% with alcohol, 4% with drugs. 1 in 4 teenage girls has an STD - CDC 2008)

The good news:

- ⌘ 80 to 90 percent - of middle school kids DON'T drink alcohol.
- ⌘ Teens say "they rely on adults in their lives more than anyone else to help them make tough decisions & to provide good advice."
- ⌘ If you see or suspect a problem of any kind, **please speak up** and seek help. Silence is not golden in these circumstances. Just the opposite.
- ⌘ Below are a few resources you might find helpful.

1. alcoholfreechildren.org	5. stopalcoholabuse.org
2. www.surgeongeneral.org	6. ebasedprevention.org
3. ncadi.samhsa.gov (For family, school & community Guides)	7. niaa.nih.gov (National Institute of Alcohol Abuse & Alcoholism)
4. theantidrug.com - Parents	8. search-institute.org/

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Peer Solutions

STAND & SERVE Activity overview with 2010 Highlights



1.



S&S High School Lunch & After-school Clubs Tempe/Phx



Student-Run
 3:30-5:00 - Tues/Wed
 Outreach at schools
 Westside/Machan

PSAs & Social Media
 Snacks /Lunch Provided
 Awards & Serve on Boards



2.



S&S Middle School After-school Clubs Tempe/Phx



Homeless Youth
 Westside/Machan
 3:30-5:30 Mon/Wed

Outreach at schools
 Snacks Provided
 Peer Eds/Mentors-(secondary /post secondary)



3.



Monthly STAND & SERVE Community Coalition Initiative (SSCCI) Meetings,



Phoenix Library 4:00-5:30 PM
 Last Thurs. of the Month
 The Guts To Be Good!
 Community Level Change

Cultivating a safe, respectful and healthy community on & around the Metro light rail.



4.



Ongoing Workshops, Training, Evaluation & School, Family & Community Outreach



Local & National Workshops
 Girl Scouts/Living Well
 Child Abuse Prevention
 Annual Potluck/Days at the Capitol/all school staff inclusion

"I know the skills I've learned throughout my four years will continue to influence my decisions throughout the rest of my life." Heather Gore

2010 Highlights

- 1- STAND & SERVE/ Peer Solutions was awarded the 2010 City of Phoenix Hero Award.
- 2- James Wade was just awarded the Governor's Volunteer Service Award for 2010

- 3- Two School Sponsors and Two S&S Students received the 2010 City of Tempe Diversity Award



2010 Highlights...

- 4- During 2010 Spring Break Tempe & Phoenix Students volunteered at UMOM helping sort clothes and supplies, feed those in need and watch children.

- 5- S&S members designed activities to Help Haiti: First Friday Art, Individual Fundraising & an Event at Green, A Give Anything Drive, educated the Girl Scouts & many others & much more fun.

We are all Peers, We are all the Solution!

Haiti Fundraising \$5,712 Raised



THE GUTS TO BE GOOD!

The Guts To Be Good!

The STAND & SERVE Coalition Developed "5 Things" we can do to cultivate Safety, Equality and Respect as norms.

We named this campaign THE GUTS TO BE GOOD.



#1 The Guts To Be Respectful!

Respect and treat all people equally. We want everyone to feel comfortable being themselves and allow others to do the same. Model safety, equality and respect as norms on a societal, community, relationship and individual level.



#2 - The Guts to be Courteous!

Do something nice for someone every day & pass it on.

Practice common courtesy & positive greetings, smile, say please and thank you.



#3 The Guts to Speak Up!

If you hear or see something that is not ok, please say or do something when you feel safe.

With respect, take a STAND for what is right & against oppression. Trust your gut.

Practice Safe Bystander Responsibility - Safety is the Norm!



#4 The Guts to Be Honest!

Model Honesty, Trust & Integrity!
Your word is everything!



#5 The Guts to Lend a Hand!

Help those in need, volunteer, be a mentor, assist those with physical, mental health or other challenges, connect with others & join SSCCI. BE A SUPER HERO.

It takes everyone! We are all Peers,
We are all the Solution.

